



FEBRUARY 2016



BREAKFAST

Beach Park Schools Breakfast To Go

Monday	Tuesday	Wednesday	Thursday	Friday
February 1, 2016	February 2, 2016	February 3, 2016	February 4, 2016	February 5, 2016
CHEERIOS Graham Crackers Apple Grape Juice Raisins Choice of Milk	FROOT LOOPS REDUCED SUGAR Apple Breakfast Square Strawberry Kiwi Juice Diced Peaches Choice of Milk	FROSTED MINI WHEATS Animal Grahams Fresh Apple Choice of Milk	CINNAMON FLAKES Spiced Grahams Apple Juice Fresh Orange Choice of Milk	FROSTED FLAKES Spiced Grahams Fresh Apple Choice of Milk
February 8, 2016	February 9, 2016	February 10, 2016	February 11, 2016	February 12, 2016
RICE KRISPIES Cinnamon Breakfast Square Blended Fruit Juice Pineapple Tidbits Choice of Milk	MINI WHEATS LITTLE BITES Strawberry Waffle Crackers Orange Juice Mixed Fruit Cup Choice of Milk	CHEERIOS Graham Crackers Fresh Apple Choice of Milk	RICE CHEX Cinnamon Sky Minis Orange Juice Fresh Banana Choice of Milk	FROSTED FLAKES Spiced Grahams Fresh Apple Choice of Milk
February 15, 2016	February 16, 2016	February 17, 2016	February 18, 2016	February 19, 2016
NO SCHOOL	FROOT LOOPS REDUCED SUGAR Apple Breakfast Square Strawberry Kiwi Juice Raisins Choice of Milk	FROSTED MINI WHEATS Animal Grahams Fresh Apple Choice of Milk	APPLE JACKS REDUCED SUGAR Spiced Grahams Blended Fruit Juice Fresh Orange Choice of Milk	FROSTED FLAKES Spiced Grahams Fresh Apple Choice of Milk
February 22, 2016	February 23, 2016	February 24, 2016	February 25, 2016	February 26, 2016
CINNAMON TOAST CRUNCH Strawberry Waffle Cracker Blended Fruit Juice Mixed Fruit Cup Choice of Milk	RICE CHEX Cinnamon Sky Minis Orange Juice Diced Pears Choice of Milk	CHEERIOS Graham Crackers Fresh Apple Choice of Milk	FROSTED MINI WHEATS Animal Grahams Strawberry Kiwi Juice Fresh Banana Choice of Milk	FROSTED FLAKES Spiced Grahams Fresh Apple Choice of Milk
February 29, 2016	March 1, 2016	March 2, 2016	March 3, 2016	March 4, 2016
CHEERIOS Graham Crackers Apple Grape Juice Raisins Choice of Milk				

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** USDA is an equal opportunity provider and employer.

Fall in LOVE with MILK!

This month we celebrate all dairy products and the benefits they provide to a healthy diet. Milk not only tastes great, it also helps build bones and keeps muscles strong. Milk is the #1 source of vitamin D which is essential to help calcium do its job.