



FEBRUARY 2016



LUNCH

Beach Park Schools Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
February 1, 2016	February 2, 2016	February 3, 2016	February 4, 2016	February 5, 2016
POPCORN CHICKEN Golden Potato Rounds Blended Fruit Juice Choice of Milk BBQ Sauce Ketchup (2)	MACARONI & CHEESE Country Blend Vegetables Mixed Fruit Cup Choice of Milk	HOT DOG Hot Dog Bun Crunchy Celery Sticks Fat Free Ranch Dressing Maple Baked Beans Grape Juice Mustard Ketchup Choice of Milk	TURKEY BURGER WITH POTATO WEDGES Hamburger Bun Diced Carrots Sliced Apples Ketchup (2) Mustard Choice of Milk	PIZZA DIPPERS Marinara Dipping Sauce Fresh Broccoli Florets Fat Free Ranch Dressing Fresh Banana Choice of Milk
February 8, 2016	February 9, 2016	February 10, 2016	February 11, 2016	February 12, 2016
FUN-DAY MONDAY!* MINI CORN DOGS & CHICKEN FUN MIX WITH POTATOES Maple Baked Beans Orange Juice Mustard Ketchup Choice of Milk	COUNTRY CHICKEN COMBO Applesauce cup Cherry Cookie Choice of Milk Menu Adjustment POPCORN CHICKEN Corn BBQ Sauce (2)	CHEESY PARM WRAP Green Beans Fresh Banana Choice of Milk	BBQ CHICKEN Hamburger Bun Whole Kernel Corn Fresh Pear Choice of Milk	PIZZA DIPPERS Marinara Dipping Sauce Romaine Salad Light Ranch Dressing Diced Peaches Choice of Milk
February 15, 2016	February 16, 2016	February 17, 2016	February 18, 2016	February 19, 2016
PRESIDENTS DAY NO SCHOOL	CHICKEN TENDERS WITH POTATO WEDGES Green Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun Whole Kernel Corn Blended Fruit Juice Ketchup (2) Mustard Choice of Milk	CHICKEN TACO Pita Pocket Peas & Carrots Sliced Apples Choice of Milk	PIZZA DIPPERS Marinara Dipping Sauce Romaine Salad Light Ranch Dressing Diced Peaches Choice of Milk
February 22, 2016	February 23, 2016	February 24, 2016	February 25, 2016	February 26, 2016
MINI CORN DOGS & CHICKEN FUN MIX WITH POTATOES Ketchup (2) Mustard Garden Peas Orange Juice Choice of Milk	CRISPY CHICKEN FILLET Hamburger Bun Mixed Vegetables Mixed Fruit Cup BBQ Sauce Choice of Milk	CHEESEBURGER Hamburger Bun Maple Baked Beans Crunchy Celery Sticks Fat Free Ranch Dressing Fresh Banana Mustard Ketchup Choice of Milk	ROTINI BAKE WITH MEATSAUCE Broccoli Diced Peaches Choice of Milk	PIZZA DIPPERS Marinara Dipping Sauce Tropical Veggie Juice Fresh Pear Choice of Milk
February 29, 2016	March 1, 2016	March 2, 2016	March 3, 2016	March 4, 2016
LEAP DAY CHICKEN NUGGETS W/POTATO ROUNDS Garden Peas Cinnamon Applesauce BBQ Sauce Ketchup Vanilla Cookie Choice of Milk				

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** USDA is an equal opportunity provider and employer.



THE DAIRY GROUP

All fluid milk products and many foods made from milk are considered part of this food group. Most Dairy choices should be fat-free or low-fat. Foods made from milk that retain their calcium content are also part of the Dairy group while foods made from milk that have little to no calcium are not.

